







Safe Laser treatment protocol







Diagnose / Treatment point	Number of treatments	Safe Laser 500 Infra 	Safe Laser 500 Infra fiber optics 	Safe Laser 500 Infra radiation-abs. head 	Safe Laser 150 	Safe Laser 150 fiber optics 	Safe Laser 150 radiation-abs. head 
	treatment weekly (min.-max)	Treatment time (minute / treating point)					

General

General	Pain relief						
	acute	3-7	5			10-15	
	chronic	1-3	3-5			3-5	
	Reduce inflammation						
	acute surface	3-7	3			5	
	acute deep	3-7	5			-	
	chronic surface	1-3	2			3	
	chronic deep	1-3	3			-	
	Fistula	2	5			3-4	
	Edema	3-7	3-5			5	
	Haematom	3-7	3-5			5	
	Phlebitis	3-7	3-5			5	
	Lymphadenitis	3-7	3-5			5	
	Muscleatrophy	2-5	5			-	
Paresthesia	2-5	3			10		







Musculoskeletal disorders	Acute injuries						
	joint						
	shoulder	3-7	4			-	
	elbow	3-7	4			15	
	wrist, hand, fingers	3-7	3			10	
	hip	3-7	5			-	
	knee	3-7	4			-	
	ankle	3-7	3			15	
	strip, joint capsule	3-7	3-4			15	
	muscle strain, sprain	3-7	5			20	
	fracture	3-7	5			-	
	Acute arthritis						
	jaw	3-7	3			-	
	shoulder	3-7	3			-	
	elbow	3-7	3			-	
	wrist, hand, fingers	3-7	2			-	
	hip	3-7	5			-	
	knee	3-7	3			-	
	ankle	3-7	3			-	
	Chronic arthritis						
	jaw	1-3	4			-	
	shoulder	1-3	4			-	
	elbow	1-3	4			-	
	wrist, hand, fingers	1-3	3			-	
	hip	1-3	5			-	
	knee	1-3	4			-	
	ankle	1-3	4			-	
	Chondromalacia patella	3	4				

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Achilles tendinitis	3-7	2-3			5-10		
Exostosis calcanei	3-5	2-4			-		
Medial and lateral epicondylitis	3-5	2-4			-		
Tendinitis	3-5	2-4			5-10		
Carpal tunnel syndome	3-5	2-4			5-10		
Pes planovalgus	1-3	2			-		
Acute lumbago	3	4			-		
Discus hernia	3-7	5			-		
Torticollis	3-7	3			5-10		
Ischias	2	5			-		
Morbus Bechterew							
muscle	1-3	5			-		
joint	1-3	5			-		
Myalgia							
surface	2	3			5-10		
deep	2	4-5			-		
Muscle contracture (Muscle-tendon transition)							
surface	1-3	4			15-20		
deep	1-3	5			-		
Osteoarthritis							
jaw	1-3	3			5-10		
shoulder	1-3	4					
elbow	1-3	3-4					
wrist, hand, fingers	1-3	2-3			5-10		
hip	1-3	5					
knee	1-3	4					
ankle	1-3	3-4					
spine	1-3	5					
Osteoporosis (paravertebral muscles)	1-3	5					
Rheumatoid arthritis I. group (no significant articular lesions)							
jaw	1-3	3			15		
wrist	1-3	3			15		
shoulder	1-3	4			-		
elbow	1-3	3			15		
hand, fingers	1-3	1			5		
knee	1-3	4			-		
ankle	1-3	4			20		
Rheumatodi arthritis II. group (with significant articular lesions)							
jaw	1-3	2			10		

Musculoskeletal disorders

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		treatment weekly (min.-max)	Treatment time (minute / treating point)					
	wrist	1-3	2			-		
	shoulder	1-3	3			15		
	elbow	1-3	3			15		
	hand, fingers	1-3	1			5		
	knee	1-3	3			-		
	ankle	1-3	2			10		
Rheumatodi arthritis III. group (with articular deformity)								
	jaw	1-3	3			15		
	wrist	1-3	3			15		
	shoulder	1-3	3-4			-		
	elbow	1-3	3			15		
	hand, fingers	1-3	1			5		
	knee	1-3	4			-		
	ankle	1-3	3-4			15-20		
Dermatology	Scars	1-3	3			3-5		
	Herpes labialis	3-7	3			3-5		
	Seborrhea, acne	3-7	3			3-5		
	Furunculus	3-7	3			3-5		
	Decubitus	3-7	3-5			5		
	Rosacea	3-7	3			3-5		
	Eczema	3-7	3			3-5		
	Herpes zooster	3-7	3			3-5		
	Dermatitis	3-7	3			3-5		
	Ulcus cruris	3-7	3-5			5		
	Wounds, burns, cuts	3-7	3			5		
Neurology	Migrain (temporal points)	3-5	-			10-15		
	Trigeminal neuralgia	2-3	3			10-15		
	Intercostal neuralgia	2-3	2-3			10-15		
	Atypical facial pain	2-3	2-3			10-15		
	Post-herpetic neuralgia	2-3	2			10-15		
Ear-Nose-Throat	Otitis externa	3-5		30 sec.	+ 3	3	1	+ 3
	Chronic serosus otitis media	3-5		30 sec.	+ 3	3	1	+ 3
	Pharyngitis	3-5	5	15 sec.			30 sec.	-
	Allergy, rhinitis allergica	5-7			+ 3			+ 3
	Tinnitus	3-7	5	30 sec.	+ 3	3	1	+ 3
Isorders	Stomatitis aphtosa	5		15 sec.			30 sec.	
	Chronic gingivitis		5	15 sec.			30 sec.	
	Trigeminal neuralgia	2	5	15 sec.			30 sec.	
	Parodontosis	2		15 sec.			30 sec.	
	Acut gingivitis (gumline)	3		15 sec.			30 sec.	

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Stomatology d	Trismus above joint	5		15 sec.			30 sec.	
	Chronic syalodenitis	2		15 sec.			30 sec.	
	Asyalia submandibular	2		15 sec.			30 sec.	
	In to alveoli after extraction	1		15 sec.			30 sec.	
	After surgical removal of teeth	1	5	15 sec.			30 sec.	
	Resection, after sculption	1		15 sec.			30 sec.	
	After implantation	1	5	15 sec.			30 sec.	
	Periodontitis acuta (periapical)	2		15 sec.			30 sec.	
Stomatology disorders	Periostitis	4		15 sec.			30 sec.	
	Alveolitis (in to alveoli)	5		15 sec.			30 sec.	
	Caries prof. (cavity)	1		15 sec.			30 sec.	
	Pulp capping	1		15 sec.			30 sec.	
	Cervical sensitivity	2		15 sec.			30 sec.	
	Dentine sensitivity	2		15 sec.			30 sec.	
	Pulp hyperemia (periapical)	5		15 sec.			30 sec.	
	After root canal (periapical)	1		15 sec.			30 sec.	
	Before and after depuration	1		15 sec.			30 sec.	
	Periodontal pocket	2		15 sec.			30 sec.	
	Pain after injection	4		15 sec.			30 sec.	
	Dentitio difficialis	2		15 sec.			30 sec.	
	Decubitus	2		15 sec.			30 sec.	
	Herpes trigeminal	5		15 sec.			30 sec.	
	Herpetic gingivostomatitis	5		15 sec.			30 sec.	
	Aphta	5		15 sec.			30 sec.	
	Lingua geographica	3		15 sec.			30 sec.	
	Acute gingivitis	3		15 sec.			30 sec.	
	Ghronic gingivitis	2	5	15 sec.			30 sec.	
	Necrotizing gingivitis	3		15 sec.			30 sec.	
	Anesthesia dolorosa	1-2		15 sec.			30 sec.	
	Osteomyelitis	5		15 sec.			30 sec.	
	Phlegmon	5		15 sec.			30 sec.	
Prearesthesia	1-2		15 sec.			30 sec.		
Dento-Alveolar surgery	1		15 sec.			30 sec.		